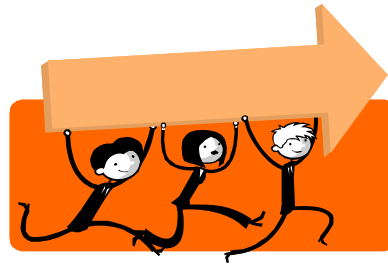


Teambuilding Techniques for a Positive Environment

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Session Objectives

- Understand why teams are important
- Review elements of effective teams
- Review elements of successful teams
- Understand the benefits of teamwork



Definition of a Team

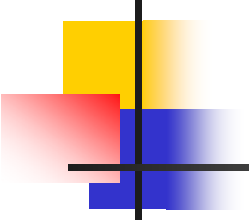
- A small number of people with complementary skills committed to a common purpose, specific performance goals, a common working approach, and mutual accountability



Teamwork

- *Teamwork is the fuel that allows common people to attain uncommon results. - Unknown*
- *Teamwork: Simply stated, it is less me and more we.- Unknown*

There Is No "I" In Team

- 
- *One man can be a crucial ingredient on a team, but one man cannot make a team.* - Kareem Abdul-Jabbar
 - *Michael, if you can't pass, you can't play.* - Coach Dean Smith to Michael Jordan in his freshman year



The Matching Uniform

- *Wearing the same shirts doesn't make a team.*
 - Buchholz and Roth

Why Teams?





Why Teams ?

- Teams can enable the integration of diverse perspectives, skills, and knowledge
- Teams can increase success
 - Research shows that working in teams can improve the quality of the outcome



Group Cohesiveness

- Can lead to higher productivity
- Positive Moral
- Can be a source of growth and learning
- Improved self-esteem
- Create consensus
- Can be stifling for some



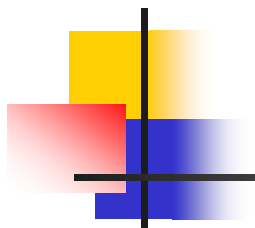
Well Functioning Group

- Group dynamics and a sense of belonging can bring out the best in us
- Can enhance problem solving & creativity
- Generate understanding, acceptance, support & commitment

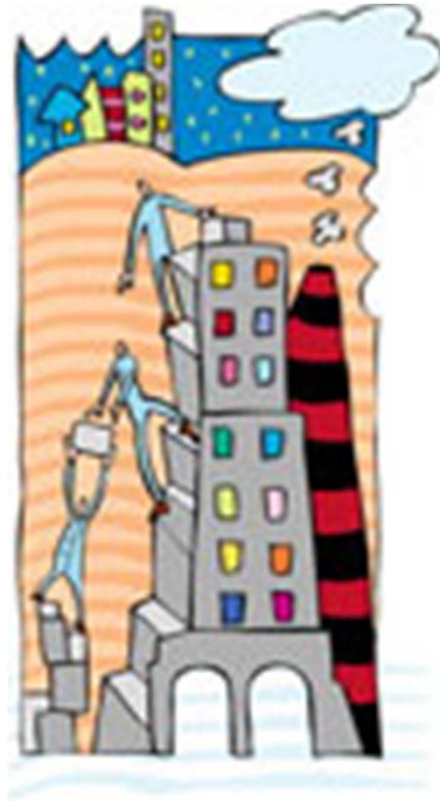


Why ALL Teams Don't Work Well

- Success require more than members with common sense
- Some people won't change their behavior in teams because they think they already have excellent teamwork skills
- Management fails to recognize their responsibilities



Teambuilding Tower

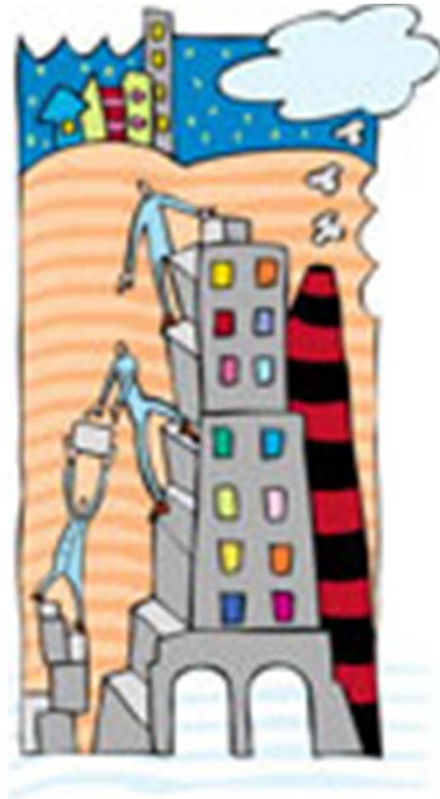




Teambuilding Tower

- You will have 4 minutes
- Create the tallest structure you can with the materials provided
- It must be able to stand alone
- Everyone needs to help

What Did Your Structure Need?



M&M Arm Wrestle





Positive Decreases Negative

- Seek opportunities to deliver supportive feedback to enliven and empower your group, as long as it is sincere.
- Use acknowledgment to incite behaviors that support group effectiveness, praising behaviors such as risk-taking, being real, deep sharing of truth, supporting other group members, etc.
- *Thank You Power*



What can you do to build a team?

- Pot luck lunches
- Acknowledgement board
- Teambuilding activities
- Find ways to talk about the positive
- Birthday/holiday celebrations
- Happy hour
- Show appreciation



Quotes

- *Teamwork: Simply stated, it is less me and more we.*- Unknown
- *Teamwork is the fuel that allows common people to attain uncommon results.*
- Unknown
- *Michael, if you can't pass, you can't play.*
- Coach Dean Smith to Michael Jordan in his freshman year



Quotes

- *You don't get harmony when everybody sings the same note.* - Doug Floyd
- *It is amazing how much you can accomplish when it doesn't matter who gets the credit.*- Unknown
- *Teamwork divides the task and double the success.*- Unknown



Quotes

- *Overcoming barriers to performance is how groups become teams. - Unknown*
- *Team player: One who unites others toward a shared destiny through sharing information and ideas, empowering others and developing trust. - Dennis Kinlaw*